

Safety First

your continued attendance depends on it.

Inform instructor immediately (interrupt class) if you start to not feel well in any small way, mask on & distance yourself from everyone.

INDOORS (including breaks) and indoors & OUTDOORS during CARE-GIVING:

- **Mouth covered**, brief exception when eating/drinking – raise bottom of mask to keep nose covered for safe nasal exhale. ☀️ ***Mask on between sips and bites*** ☀️
- **Nose covered, including while snacking and drinking.**
- **Mask on outdoors near entrances anytime**
- **Hand-sanitize 30+ seconds immediately before touching snacks & drinks station.**
- **Gloves on any time you touch any other person's bag, clothing, body, or belongings.**

Breaching any 1 of the above risks safety, and strictly will result in your being asked to leave, no refund, no transfer credit. Your and others' safety first.